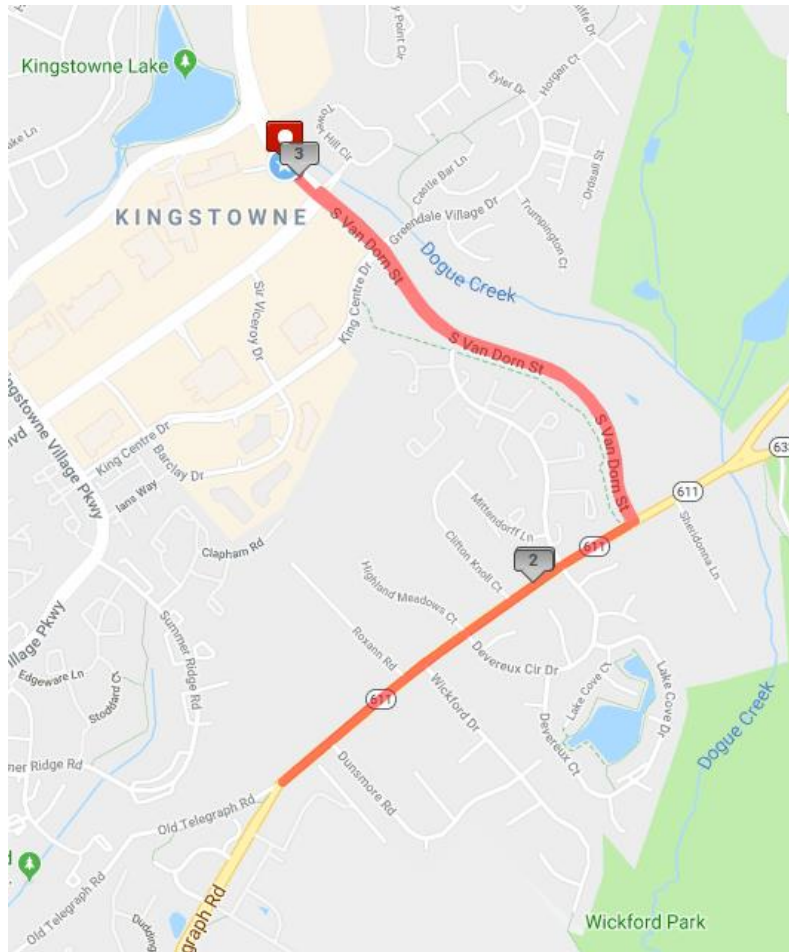


Kingstowne Striders Torch Tuesday – Fiona’s Irish Pub
5810 Kingstowne Center, Alexandria, VA 22315

3 Miles – Van Down/Telegraph (Out and Back)



Head southeast on S Van Dorn St toward Telegraph Rd

Cross Telegraph Rd and turn right towards Hayfield

Turn Around when you get to where Telegraph splits with Old Telegraph

Kingstowne Striders Torch Tuesday – Fiona’s Irish Pub
5810 Kingstowne Center, Alexandria, VA 22315

5 Mile Option – Van Dorn/Telegraph/KVP



Head southeast on S Van Dorn St toward Telegraph Rd

Cross Telegraph Rd and turn right towards Hayfield

Head southwest on Telegraph Rd toward Hayfield Rd

Turn right onto Hayfield Rd toward Kingstowne Village Pkwy

Turn right onto Kingstowne Village Pkwy

Turn right onto Summer Ridge Rd

Head northwest on Summer Ridge Rd toward Kingstowne Village Pkwy

Turn right onto Kingstowne Village Pkwy and follow road down to the pond

Go around the pond, returning to Fiona’s