

# Kingstowne Striders TRAIL

## Gunston Elementary School/Meadowood Recreation Area

Meet at Gunston Elementary School/Meadowood Recreation Area (the "new" parking lot not technically at the school) for a 2 or 4 mile TRAIL run or walk.

Address: 10100 Gunston Rd, Lorton, VA 22079. **Watch your footing!**

For a shorter route head into the trail and depart at Meadowood Connector signs.

For a longer route follow South Branch Loop signs (purple trail on map).

