

Panera Sunday Course

Directions to run start:

Park at Panera Parking lot in Kingstowne center

Course directions (8 and 10 mile routes):

Turn right at **Kingstowne Blvd**

Continue onto **Manchester Blvd**

Turn right at **Beulah St**

Turn right at **Burnett St**

Turn left at **Joyce Rd**

Turn right at **Clames Dr**

Turn left at **Higham Dr**

Turn right at **Franconia Rd** (*cross over to north side of rd when safe*)

Turn left at **Cannon Ln** (*8 mile route - turn around and head back to Van Dorn St*)

Turn right at **Lofthill Ct**

Follow **Sidewalk** to the right of town homes and **take path**

(*path continues around to the back of the town homes and through woods*)

Turn Left on ridge View Lane

Cross over Franconia Rd.

Turn right at **Javins Dr**

Turn right at **Picot Rd**

Turn left at **Craft Rd**

Turn right at **Eaton Pl** (*this will be the second time you see the sign for Eaton*)

Turn left at **Leewood Dr**

Turn right at **Rose Hill Dr**

Turn left at **Franconia Rd**

Turn left at **S Van Dorn St**

Turn right at **Kingstowne Village Pkwy**

Turn right at **Kingstowne Center**

