Three Mile Course

South on Telegraph Rd toward Hayfield Farm.

Just past power Ithe USCG Station turn around at Helmsdale Lane and head back North

Right onto Devereux Circle

Right onto Devereux Ct.

Left onto 1st Lake path (you'll run clockwise around part of lake)

Run around Peninsula and take path up to Lake Cove Ct. take right.

Left onto Lake Cove Dr.

Right onto Devereux Circle

Right onto Telegraph Rd.

