Ten Mile Course (with an 8 mile option follow Red line)

Right On Franconia Rd.

Right on Rose Hill Dr.

Right onto Celtic Dr. (last entrance to apartment building parking lot)

Left onto powerline trail (follow trail through town house neighborhood (you will have to job right/left on Greendale Village Dr.)

At trail end right on Greendale Village Dr. (3 Mile course, follow blue line, turn right and go up VanDorn to the school) Cross Vandorn and continue on King Center Dr.

Left on Kingstowne Village *Pkwy* (5 Mile course, follow green line turn right here, turn left on Path that goes to Edge Clif, go around the lake and head back to the school)

Just after Littlethorpe Ln take trail to the right.

At trail end, left on Hayfield Rd.

Left on Manchester Blvd.

Right on Beulah St. (Note for 8 miles, continue on Beulah and turn right on Franconia to Edison HS)

Left on Walker Ln

Right on Franconia/Springfield Pkwy

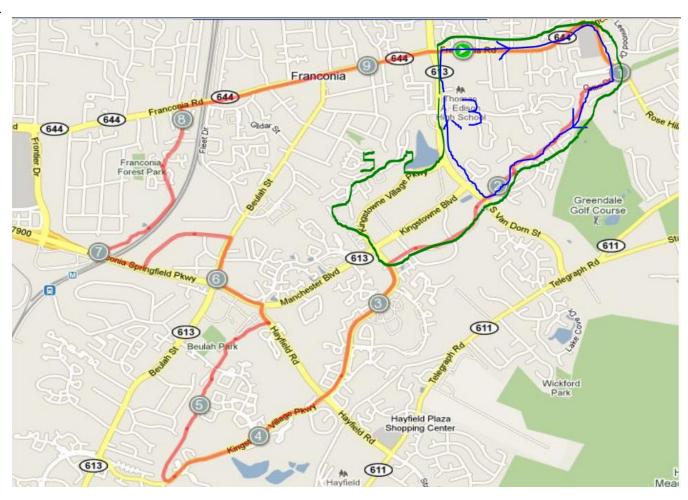
After train track overpass take Right down to Metro

Left path along train tracks.

At Trail end follow Simmer Cir and take Right on Seatrend Way

Right on Franconia Rd. to Edison HS.

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